

We live in an age of technology. Technology has advanced to the point where instant communication anywhere in the world is an ever day fact of life. Technology can link humans face to face in real time anywhere in the world.

Technology has opened new and different worlds for all of us. Furthermore, technology has changed the way we communicate with each other. Email, texting, Facebook and Twitter are just a few examples of mediums that have diminished verbal communication. As a result, face to face communication has declined. About 4.1 billion text messages are sent per day in the U.S. and more than four billion messages are sent daily over Facebook.

As a culture, we have a continual feed of information at our fingertips at all times. Are we losing the ability for face to face communication? Does face to face communication require more of us than we are willing to invest? Do we expect less of each other because we now communicate on digital devices?

Has this age of technology affected your relationships in a negative way? How has technology changed the quality of our communication? How have people behaved in ways that they would not otherwise behave if they were face to face (i.e. online bullying)?

The ability to communicate effectively is important in work, education and relationships. Communication isn't just an exchange of words, it is understanding the emotions and intent of the www.com.